



Single-Parent Households

Childrearing Allowance (Rearing allowance)

Child Allowance Subsection, Child-Raising Support Section
☎ 5984-5824

Welfare Administration Subsection, Hikarigaoka/
Shakujii/Oizumi Comprehensive Welfare Office

➔ Telephone directory, page 61

Single-parent households or the equivalent are entitled to an allowance. Please note, however, that income restrictions apply. In addition, a child institutionalized in a facility may not be eligible. A parent/guardian raising a child who fulfills any of the following conditions may claim this allowance until the first March 31 after the child reaches eighteen years of age:

1. A child whose parents are divorced
2. A child whose father or mother is deceased
3. A child whose father or mother has abandoned the home for one year or longer
4. A child born out of wedlock
5. A child whose father or mother has been incarcerated for one year or longer
6. A child whose father or mother has a serious disability (*Handbook for the Physically Disabled*, levels 1 or 2)
7. A child whose father or mother has a court order for DV victims

Monthly allowance amount

¥13,500 per child

Required items and documents for application

1. Personal seal
2. Financial account with the parent/guardian's name
3. Family register of the parent/guardian and child
4. If the father or mother is disabled, the *Handbook for the Physically Disabled* or the designated medical diagnosis
5. The parent/guardian's individual number card or documentation showing his/her individual number, and an official personal ID
6. Documentation showing the individual numbers of the spouse and eligible child (a memo is sufficient)

Dependent Child Allowance

Child Allowance Subsection, Child-Raising Support Section
☎ 5984-5824

Welfare Administration Subsection, Hikarigaoka/
Shakujii/Oizumi Comprehensive Welfare Office

➔ Telephone directory, page 61

Single-parent households or the equivalent are entitled to an allowance. Please note, however, that income restrictions apply for the applicant and family members living in the same household. In addition, a child institutionalized in a facility may not be eligible. If the parent/guardian or child receives a public pension, and the pension amount is less than the allowance, the allowance will cover the difference. A parent/guardian raising a child who fulfills any of the following conditions may claim this allowance until the first March 31 after the child reaches eighteen years of age. (This includes a child under twenty years of age with a medium level of disability.)

1. A child whose parents are divorced
2. A child whose father or mother is deceased
3. A child whose father or mother has abandoned the home for one year or longer
4. A child born out of wedlock
5. A child whose father or mother has been incarcerated for one year or longer
6. A child whose father or mother has a serious disability (*Handbook for the Physically Disabled*, levels 1 or 2)
7. A child whose father or mother has a court order for DV victims

Monthly allowance amount

For the first child

For the entire amount: ¥43,160 per month

For part of the amount: ¥43,150 to ¥10,180 per month

For the second child

For the entire amount: An additional ¥10,190 per month

For part of the amount: An additional ¥10,180 to ¥5,100 per month

For the third and subsequent children per child

For the entire amount: An additional ¥6,110 per month

For part of the amount: An additional ¥6,100 to ¥3,060 per month

Required items and documents for application

1. Personal seal
2. Financial account with the parent/guardian's name
3. Family register of the parent/guardian and child
4. If the father or mother is disabled, the designated medical diagnosis; if he/she has a *Handbook for the Physically Disabled*, this may be abridged
5. If the parent/guardian or child receives a public pension, then documentation showing the annual amount
6. The parent/guardian's individual number card or documentation showing his/her individual number, and an official personal ID
7. Documentation showing the individual numbers of the spouse, eligible child, and person supporting the child (household members living in the same household) (a memo is sufficient)

When You Find
Out You Are
Pregnant

Various
Subsidy
Programs

When
Your Baby
Is Born

Your
Child's
Health

Childrearing
Support

Childcare

Playing/
Learning
as a Family

Let's Create a Circle
of Childrearing
Friends

Consultation for
Childrearing and
Education

Single-Parent
Households

Telephone
Directory

Other
Consultation
Services

Emergency
Contacts

Medical Subsidies for Single-Parent Households (Maru-Oya Single-Parent Household Medical Certificate)

Child Allowance Subsection, Child-Raising Support Section
☎5984-5824

Welfare Administration Subsection, Hikarigaoka/
Shakujii/Oizumi Comprehensive Welfare Office
➔Telephone directory, page 61

The Maru-Oya medical certificate is issued to single-parent households or the equivalent. It allows you to receive subsidies to cover personally borne expenses (excluding meal expenses) when you receive treatment under your health insurance. Income restrictions apply. Households that pay resident's tax may have to pay personally borne expenses.

Eligibility

Single mother households, single father households, and children without both parents up until the first March 31st after turning 18 years old (including children under twenty years of age with a medium level of disability or higher) and their guardians who are raising them

Fee

Households that are exempted from resident's tax: No personally borne expense
Households that pay resident's tax: 10 percent personally borne expense

Required items and documents for application

1. Personal seal
2. Family register of the parent/guardian and child
3. Health insurance cards of parent/guardian and child
4. If the father or mother is disabled, the designated medical diagnosis; if he/she has a *Handbook for the Physically Disabled*, this may be abridged
5. The parent/guardian's individual number card or documentation showing his/her individual number, and an official personal ID
6. Documentation showing the individual numbers of the spouse, eligible child, and person supporting the child (household members living in the same household) (a memo is sufficient)

Home Helper Service for Single-Parent Households

Consultation Subsection of Comprehensive Welfare Office with jurisdiction you're your neighborhood
➔Telephone directory, page 61

The service supports single-parent households with children of elementary school age or younger who live in Nerima City through the use of home helpers when they have trouble watching over their children, taking them to and from nursery school, and doing housework. The service is mainly watching over the children. Nursing and other support that requires specialized knowledge and skills are not included in the content of services. The service can be used up to twelve days per month between the hours of 7 a.m. and 10 p.m. The maximum per day is up to eight hours, and the authorized amount of time is in hourly units.

Eligibility Single-parent households with an elementary school child or younger.

Fee Personally borne costs may be incurred according to income.

Recreation Homes for Single-Parent Households, etc.

Consultation Subsection of Comprehensive Welfare Office with jurisdiction you're your neighborhood
➔Telephone directory, page 61

For single-parent households and widows, subsidies for up to three nights per person during the fiscal year are provided for use of designated accommodation facilities.

Eligibility

Parents of single-parent households and children under 20 years of age/widows

* "Widow" refers to a woman raising a child under twenty years of age without a spouse, and who remains single even after the child becomes an adult. The required attached document would be a family register that shows she is a widow. (If you are in a common-law marriage relationship as of the date you use the facility, you are not considered a widow.)

Fee

The accommodation rate is subsidized at up to ¥5,000 for adults and ¥4,000 for children per person per night.

When You Find
Out You Are
Pregnant

Various
Subsidy
Programs

When
Your Baby
Is Born

Your
Child's
Health

Childrearing
Support

Childcare

Playing/
Learning
as a Family

Let's Create a Circle
of Childrearing
Friends

Consultation for
Childrearing and
Education

Single-Parent
Households

Telephone
Directory

Other
Consultation
Services

Emergency
Contacts

Single-Parent Households Independence Support Training Benefit

Single-Parent Households Support Subsection, Life Welfare Section

☎5984-1319

Consultation Subsection of Comprehensive Welfare Office with jurisdiction you're your neighborhood

➔Telephone directory, page 61

Parents of single-parent households raising a child under twenty years of age who complete an educational training course designated by the Minister of Health, Labour, and Welfare under designation of Nerima City will be paid a subsidy of 60 percent of the personally borne expenses for training (minimum amount: ¥12,001; with an upper limit). * You will have to go through an evaluation to receive authorization for the course. Please be sure to consult with the Nerima City Office before taking the course.

Eligibility

A parent of a single-parent household who is supporting a child under twenty years of age. The parent must fulfill all of the following requirements:

1. The parent receives a dependent child allowance or is at the same level of income as the standard of the program
2. The necessity of the training must be officially recognized as a means of obtaining employment
3. The parent must not have received a benefit from this program in the past

Single-Parent Households High Vocational Training Promotion Benefit Program

Single-Parent Households Support Subsection, Life Welfare Section

☎5984-1319

Consultation Subsection of Comprehensive Welfare Office with jurisdiction you're your neighborhood

➔Telephone directory, page 61

A single parent raising a child under twenty years of age who undergoes and completes training at a training institution to acquire a license that will lead to securing employment can receive a training promotion benefit during training to ensure a stable livelihood. A completion support benefit is provided upon completion.

* There is a screening process. Please be sure to consult with the Nerima City Office in advance.

Eligibility

A single parent supporting a child under twenty years of age, who must fulfill all of the following requirements:

1. The parent receives a dependent child allowance or is at the same level of income as the standard of the program
2. The parent is taking a training course at a training institution that lasts one year or longer, and is a prospective candidate to receive a designated license
3. The parent is recognized as having financial difficulty and is balancing working/childrearing with training
4. The parent must not have received a benefit from this program in the past
5. The parent must not be receiving a high vocational training promotion benefit—such as the vocational training benefit under the job seeker support system at Hello Work or the training extension benefit as designated in the Employment Insurance Act, Article 24—or any equivalent
6. As a rule, the parent completes the training at the training institute on a commuting basis

Benefit amount

1. Households exempted from resident's tax:
 - Training promotion benefit: ¥140,000 per month
 - Completion support benefit: ¥50,000
2. Households that pay resident's tax:
 - Training promotion benefit: ¥140,000 per month
 - Completion support benefit: ¥25,000

Possible licenses

Nurse, associate nurse, certified care worker, nursery school teacher, physical therapist, occupational therapist, public health nurse, midwife, barber, beautician, dental hygienist, acupuncturist/moxibustionist/masseur/masseuse, social worker, confectionery hygiene master, cook

Support for Single-Parent Households to Pass the Upper Secondary School Equivalency Examination

Single-Parent Households Support Subsection, Life Welfare Section

☎5984-1319

If a parent or child of a single-parent household supporting a child under 20 years of age takes and completes a course to prepare for the Upper Secondary School Equivalency Examination (in the case of a child, the child must be under 20 years old at the time of completion of the course and passing the examination), a portion of the expenses paid for the course fees will be paid.

* There is a screening process to designate the courses. Please be sure to consult with the Nerima City Office before applying for courses.

Eligibility

Parents or children of single-parent households who meet all of the following requirements

1. The parent receives a dependent child allowance or is at the same level of income as the standard of the program
2. Passing the Upper Secondary School Equivalency Examination is recognized as necessary for obtaining a suitable job, as determined from work experience, skills, qualifications, and labor market conditions
3. The applicant has not used this system in the past

Eligible courses

Courses aimed at passing the Upper Secondary School Equivalency Examination (including correspondence courses)

Single-Parent Household Housing Support Program

Consultation Subsection of Comprehensive Welfare Office with jurisdiction in your neighborhood

→Telephone directory, page 61

Nerima City makes use of private guarantor companies that are members of a leasing guarantee organization to help single-parent households having difficulty finding or continuing to live in private housing in the city due because they are unable to find a guarantor. Nerima City will subsidize the guarantee fee that you paid to a guarantor company upon making a contract. Income restrictions apply for this benefit.

Eligibility

Single-mother or single-father households supporting a child under eighteen years of age, living in Nerima City for two years or longer (however, this excludes households that receive public financial assistance for everyday living).

Subsidy amount

Half of the amount paid to the guarantor company that has an agreement with Nerima City (any amount under ¥1,000 is rounded off), with a maximum ceiling of ¥20,000.

Single-Mother Living Support Facility

Consultation Subsection of Comprehensive Welfare Office with jurisdiction in your neighborhood

→Telephone directory, page 61

This is a child welfare facility a mother and child can use together if the mother is not capable of sufficiently feeding and supporting the child due to problems related to everyday living, etc. A room and assistance for independence will be provided.

Eligibility

A single mother (or equivalent) supporting a child under eighteen years of age

Fee

There may be a personally borne fee incurred depending on income.

Tokyo Metropolitan Mother and Child/Father and Child Welfare Fund

Consultation Subsection of Comprehensive Welfare Office with jurisdiction in your neighborhood

→Telephone directory, page 61

Financial loans are available to help a single-mother/single-father household work toward a more stable life and improve the welfare of the child. As a rule, a joint guarantor is used and loans are provided free of interest. (This varies according to funds.)

Eligibility

Single-mother or single-father households supporting a child under twenty years of age (as a general rule) living in the metropolitan Tokyo area for six months or longer

Types of loans

For starting or continuing a business, skill acquisition, training, job-hunting preparation, medical and nursing care, everyday living, housing, moving, marriage, study, and school entrance preparation

Eligibility for the joint guarantor

Must meet all of the following requirements:

- As a rule, he/she must continue to live in the metropolitan Tokyo area for six months or longer
- Must have a definite occupation or be able to support himself/herself independently
- Must not be a guarantor for this fund for any other person
- A person who can be contacted directly (in person or by phone) to confirm the intention of serving as guarantor

When You Find Out You Are Pregnant

Various Subsidy Programs

When Your Baby Is Born

Your Child's Health

Childrearing Support

Childcare

Playing/Learning as a Family

Let's Create a Circle of Childrearing Friends

Consultation for Childrearing and Education

Single-Parent Households

Telephone Directory

Other Consultation Services

Emergency Contacts