# Let's Create a Circle of Childrearing Friends

# There's No Such Thing as a "Perfect Parent"!

#### Childrearing Support Subsection, Home Childrearing Support Section 25984-5673

This class is an opportunity for parents with infants and toddlers to get together, learn more about childrearing and talk about their concerns.

Eligibility Parents of children from newborns up to three years of age living in Nerima City Fee Free of charge

# **Board of Education-Contracted Presentations**

# Youth-Raising Support Subsection, Youth Section 25984-1292

Information on these presentations is posted on the Nerima City website. Nerima City outsources the management of the presentations to groups active in local communities, and presentations are given at public facilities and common locations.

#### 🗕 Nerima Yu-Yu School

This "school" offers a place for children in the local community to relax, with the added goal of giving them the opportunity to think and learn on their own. The classes make use of children's leisure time, such as weekends and after school, and allow them to learn and experience various things.

Eligibility

ility Children fifteen years of age and younger, including infants and toddlers

\* Parents/guardians are allowed to join the children in some classes.

#### Smile Nerima Yu-Yu School

This "school" offers a place for mainly children with mental disabilities to relax, with the added goal of encouraging their psychological development. The classes make use of children's leisure time, such as weekends and after school, and allow them to learn and experience various things.

#### Eligibility

Mainly elementary and junior high school children with mental disabilities

#### Childrearing Classes

These classes on childrearing, home education and children's education are designed to enhance educational strength at home and in the community.

### Eligibility

Parents/guardians of children and others with an interest in childrearing, home education and education of children

#### Children's Safety Classes

These classes are designed to increase people's knowledge of children's safety in local communities. Children learn how to protect themselves from the dangers of crime and disaster, and adults gain knowledge about issues related to the safety of children.

#### Eligibility

Children between three and eighteen years of age and their parents/guardians, as well as those with an interest in the safety of children

#### Nerima Ikumen (Childrearing Father) Classes

These classes are designed to teach fathers about childrearing and housework chores and help with those things, and give them an opportunity to interact with their children as well as other fathers.

#### Eligibility

Fathers with children from infants and toddlers up to junior high school age, and expectant parents

# Gatherings for Multiple Birth Households

Your local Public Health Center and Community Child and Family Support Center

#### ➡Telephone directory, page 60

The city's Public Health Center branches hold gatherings for parents/guardians of twins, triplets and other multiple births. Participants openly exchange information about the unique challenges of multiple births. Parents/guardians can participate casually while their children play. Expectant parents are also welcome. For the dates, times, and eligible persons, please contact your local Public Health Center or Community Child and Family Support Center (reservation required).

#### Eligibility

Children of multiple birth households and their parents/guardians

# Other Locations for Making Friends with Other Parents Still Raising Children

 Information on groups that hold activities with the theme of childrearing is available.

# Find out about childrearing-themed NPOs and other organizations

Nerima City Resident Cooperative ExchangeCenter

The Nerima City Resident Cooperative Exchange Center supports community activities that benefit the public, such as town and community associations, NPOs, and volunteer groups.

NPOs that conduct activities within Nerima City are introduced on the Nerima City Resident Cooperative Exchange Center website. You can use the site's search engine to look for the field of activity from the page "Search for NPOs and Volunteer Groups".

http://www.nerima-kyodo.com/

 There are city planning groups that hold activities with the theme of childrearing.

# We Support Groups Conducting City Planning Activities with Childrearing Themes

Nerima City Environment and City Planning Public Corporation Midori-no Machizukuri Center

# **a**3993-5451

The center supports volunteer resident city planning activities from different perspectives in various communities in Nerima City and with various themes that strive to enrich the town and lifestyle.

The Midori-no Machizukuri Center website offers information on groups that hold activities within Nerima City as well as events sponsored by these groups.

https://nerimachi.jp/hiroba/index.php



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