

Required Procedures

For more information, such as about the documents required and the service counter you should use, please either check the Nerima City website or call the Nerima City Office.

Procedures		Inquiries
Birth notification	If you give birth in Japan, please be sure to file a birth notification with the municipal office. This procedure may be necessary for your newborn child to obtain the nationality of your home country. If your child will stay in Japan for sixty days or more in Japan after birth, you also need to complete procedures for obtaining his/her visa at the Regional Immigration Services Bureau. (Please see page 83 about visa status.) Birth notification filing period: Within fourteen days of your baby's date of birth Filing location: Municipal office administering your address Who can file: Father or mother of the baby Required documents: Birth notification form (and the birth certificate attached to the form), <i>Mother and Child Health Handbook</i> (if you have one)	Family Register Subsection No. 1, Family Resident Registration Section (Main Bldg. 2F) ☎ 5984-4530 No. 2, Family Resident Registration Section (Shakujii Bldg. 2F) ☎ 3995-1105
Enrollment in health insurance	Those enrolled in National Health Insurance	NHI Qualification Subsection, NHI & National Pension Section
	Those enrolled in other health insurance	Your place of employment or the health insurance union
Childbirth and childrearing lump-sum benefit	(See page 12)	
Child allowance	After filing your baby's birth notification, please confirm the required documents and file an application (see page 14). * Income restrictions apply.	Child Allowance Subsection, Child-Raising Support Section & 5984-5824
Maru-Nyu medical certificates for infants and toddlers	An application form will be mailed to residents who file a birth notification. Please complete the procedures as directed in this document (see page 15).	
Baby visit contact slip (birth contact slip)	Please fill out the baby visit contact slip (birth contact slip) you received when you obtained the <i>Mother and Child Health Handbook</i> and mail it. * About Hello Baby Visits, see page 20.	Addressed to: Mother and Child Health Subsection, Health Promotion Section

Distribution of Birth Anniversary Seedlings

Collaboration Subsection, Greenery Promotion Section 25984-2418

Seedlings are distributed twice a year to commemorate the birth of babies in Nerima City. If you would like to receive a seedling, please fill out the required items on the Birth Anniversary Seedling application (postcard) enclosed with the Beginner's Childrearing Support Tickets (page 29) sent to you from the Child and Family Support Center, and mail it to the Collaboration Subsection, Greenery Promotion Section.