



## Various Subsidy Programs

### Newborn Hearing Screening Test Subsidy

Mother and Child Health Subsection, Health Promotion Section  
☎5984-4621

You will receive a newborn hearing screening test slip (for one test). Part of the cost is covered by public funds. The slip can be used at contracted medical institutions in Tokyo and at some contracted medical institutions in Saitama Prefecture. The screening test will include the checkup items and methods listed on the slip. If the cost exceeds the maximum amount of public funds, you will have to pay the difference out of pocket. The cost is set by each medical institution; please check during your visit.

### Expectant Mother Health Checkup and Newborn Hearing Screening Test Subsidies for Mothers Giving Birth in Their Hometown

Mother and Child Health Subsection, Health Promotion Section  
☎5984-4621

Those who receive expectant mother health checkups or a newborn hearing screening test at a midwifery or medical institution outside of the metropolitan Tokyo area and are unable to use their health checkup slips can receive subsidies to cover a portion of the costs (within the limit of public funds). Please read the handout on Nerima City subsidies provided to mothers giving birth in their hometown for expectant mother health checkups and the newborn hearing screening test, which accompanies the *Mother and Child Health Handbook*, or read the Nerima City website.

### Childbirth and Childrearing Lump-Sum Benefit

National Health Insurance enrollees: NHI Benefits Subsection, NHI & National Pension Section  
☎5984-4553

\* If you are enrolled in your employer's health insurance at the time of childbirth, please ask your health insurance association, etc.

The childbirth and childrearing lump-sum benefit is ¥500,000. This sum is paid to the medical institution where the birth occurred from the health insurance (such as National Health Insurance or a health insurance union) the mother is enrolled in. (Note: There are direct payment and proxy receipt systems.) Therefore, as a rule, the amount you pay to the medical institution is the total

childbirth expense minus ¥500,000. Please check with the medical institution you intend to use about whether you can use the direct payment or the proxy receipt program. If you cannot or do not use both systems, please ask the health insurance plan in which you are enrolled to help. If you are enrolled in health insurance through your company, please ask your place of employment or your health insurance union.

**Eligibility** Those enrolled in health insurance at the time of childbirth

**Amount** ¥500,000 (¥420,000 for those who gave birth before March 31, 2023)

### Childbirth Expense (Hospitalization/ Midwifery) Subsidy

Consultation Subsection of Comprehensive Welfare Office with jurisdiction in your neighborhood

➔Telephone directory, page 61

If an expectant mother needs to be hospitalized for a health-related reason but is in financial difficulties, she can give birth at a designated hospital or maternity center free of charge or at low expense. This is a program provided through the Child Welfare Act. There are income-based restrictions, and an application is required before birth. In addition, the expense not subsidized is determined by the household's eligibility status. For details, please contact the Consultation Subsection of your Comprehensive Welfare Office.

■ List of Designated Hospitalization/Maternity Center Facilities  
➔Telephone directory, page 61

### Health Instruction Slips

Your local Public Health Center branch

➔Telephone directory, page 60

When an expectant mother or infant from a household that receives public financial assistance for everyday living or is exempt from resident's tax undergoes a health checkup/test at a designated medical institution and presents one of these health instruction slips, the cost can be subsidized. (Please consult your local Public Health Center branch in advance.)

\* These slips cannot be used together with the health checkup slips for expectant mothers and the newborn hearing screening test slip.

**Eligibility** Expectant mothers and infants from a household that receives public financial assistance for everyday living or is exempt from resident's tax.

### Medical Subsidies for High Blood Pressure Syndrome Related to Pregnancy, Etc.

Mother and Child Health Subsection, Health Promotion Section  
☎ 5984-4621

Residents who require hospitalization for pregnancy-induced high blood pressure syndrome, diabetes, anemia, obstetrical bleeding, heart disease or other diseases—as well as secondary diseases or symptoms related to the primary disease—can receive subsidies to cover the personally borne costs of treatment. However, the household income tax paid during the previous year must be ¥30,000 or less, or the estimated hospitalization must be for 26 days or longer.

\* You must apply within three months from the day you leave the hospital.

### Subsidies for the Costs of Rubella Antibody Tests and Rubella Vaccinations

Immunization Subsection, Public Health and Disease Prevention Section, Nerima Public Health Center  
☎ 5984-2484

Infection with rubella virus in the early stages of pregnancy can result in the birth of a baby with congenital rubella syndrome. For this reason, full subsidies are provided for the cost of antibody tests for those who wish to become pregnant, and full subsidies for the cost of rubella vaccinations for those who have low levels of antibodies or no antibodies to rubella virus.

**Eligibility** Women who wish to become pregnant, members of the same household as women who are pregnant or wish to become pregnant

\* Those who have already received the rubella or MR (measles-rubella combination) vaccinations using the Nerima City optional subsidy program are not eligible.

\* Women who are found to have low levels of antibodies during an antibody test during pregnancy (health checkups for expectant mothers) are eligible for the vaccination subsidy. Please note that you cannot receive the vaccination while pregnant.

### Exemption from National Pension Premiums During the Period Before and After Birth

National Pension Subsection, NHI & National Pension Section  
☎ 5984-4561

National Pension premiums for the period of four months from the month prior to the expected date of birth or the month in which the birth takes place (in the case of multiple birth, the period of six months from three months prior to the expected date of birth or the month in which the birth takes place) are exempted upon notification. For details, please see the Nerima City website.

**Eligibility**

National Pension Category I Insured Persons

\* There is a separate exemption program for individuals enrolled in Employees' Pension Insurance, etc. For details, please contact the Nerima Pension Office (☎3904-5491).

### Reduction of National Health Insurance Premiums During the Period Before and After Birth

NHI Qualification Subsection, NHI & National Pension Section  
☎ 5984-4554

National Health Insurance premiums for the period of four months from the month prior to the expected date of birth or the month in which the birth takes place (in the case of multiple birth, the period of six months from three months prior to the expected date of birth or the month in which the birth takes place) are reduced upon notification. For details, please see the Nerima City website.

**Eligibility**

Women enrolled in the National Health Insurance of Nerima City who have given birth or expect to give birth

## Child Allowance

Child Allowance Subsection, Child-Raising Support Section  
☎ 5984-5824

Welfare Administration Subsection, Hikarigaoka/  
Shakujii/Oizumi Comprehensive Welfare Office

➔ Telephone directory, page 61

Parents/guardians raising a child of junior high school age or younger can obtain allowances. Income restrictions apply. Please apply on the child's date of birth, or within fifteen days after the planned move date you reported to the municipality administering your previous address. Public servants should apply at their place of employment.

### Monthly allowance amount

Household income is under the income restriction amount

Between zero year of age and under three years of age (uniform allowance): ¥15,000

Between three years of age and before completion of elementary school:

¥10,000 for the first or second child

¥15,000 for the third or subsequent child

Junior high school student (uniform allowance):

¥10,000

Household income is equal to or higher than the income restriction amount ¥5,000

(Approximate)

In the case of three dependents

Annual income ¥9.6 million or higher

Household income is equal to or higher than the income cap: No allowance

(Approximate)

In the case of three dependents

Annual income ¥12 million or higher

### Required items and documents for application

1. Financial account with the parent/guardian's name  
\* Not required if using a public money receiving account
2. Health insurance card or pension member's certificate if the parent/guardian is enrolled in a welfare annuity.
3. The parent/guardian's individual number card or documentation showing his/her individual number, and an official personal ID. If you apply by mail, submit copies (both sides for the individual number card).
4. Applicant's Health Insurance Card  
\* Required only for members of the National Public Service Mutual Aid Association or the Local Public Service Mutual Aid Association.

## Benefit for the Birth of a Third Child

Child Allowance Subsection, Child-Raising Support Section  
☎ 5984-5824

Welfare Administration Subsection, Hikarigaoka/  
Shakujii/Oizumi Comprehensive Welfare Office

➔ Telephone directory, page 61

Parents/guardians who meet the requirements below will receive a financial gift if they have a third or subsequent child. (There are no income restrictions.)

1. The parents/guardian are living with and raising three or more children, including the third or subsequent child (until the first March 31 after a child reaches eighteen years of age).
2. The family has completed resident registration in Nerima City one year before the date of birth of the third or subsequent child. (Foreign residents must also have a proper visa.) If it has been less than one year, the application can be made once one year has passed from the date resident registration is completed in Nerima City.
3. The parents/guardian intend to continue residing in Nerima City with their children for one year or longer after receiving the financial gift.

\* The application period is one year from the date of birth of your third or subsequent child. (If the period between the date of move-in and the date of birth is under one year, then one year from one year after the date of move-in.)

### Benefit amount

¥100,000 per child for your third child and subsequent children.

### Required items and documents for application

Financial account in the name of the parent/guardian

### Medical Subsidies for Children (Maru-Nyu/ Maru-Ko/Maru-Ao Medical Certificates for Infants and Toddlers/Children)

Child Allowance Subsection, Child-Raising Support Section  
☎5984-5824

Preschool children receive Maru-Nyu medical certificates, children in elementary or junior high school receive Maru-Ko medical certificates, and children in high school age (until March 31 after turning 18 years of age) receive Maru-Ao medical certificates, respectively. When you have one of these certificates for your child, Nerima City offers subsidies for the personally borne expense when your child received health insurance-covered treatment, and the standard personally borne expense for meals during hospitalization. No income restrictions apply.

\* If a child moves to Nerima City, the City Office will send you application form.

#### Required items and documents for application

The child's health insurance card

### Subsidy for Periodic Immunization Costs Due to Giving Birth in One's Hometown

Immunization Subsection, Public Health and Disease Prevention Section, Nerima Public Health Center

☎5984-2484

This subsidy is provided to those who, due to unavoidable circumstances such as giving birth in one's hometown, have been vaccinated at medical institutions other than the cooperating medical institutions that provide immunizations in the 23 cities of Tokyo, Nishitokyo City (excluding BCG) and Musashino City, and have paid the periodic immunization costs out of pocket.

\* In order to receive the subsidy, there are certain procedures that need to be completed before you receive the vaccination. For details, please see the Nerima City website or contact the Immunization Subsection, Public Health and Disease Prevention Section.

### Medical Benefits for Premature Babies

Mother and Child Health Subsection, Health Promotion Section

☎5984-4621

This benefit is provided to cover personally-borne expenses incurred after health insurance coverage for infants requiring hospitalization treatment after birth.

#### Eligibility

A child whose perinatal weight is under 2,000 g, or is particularly weak and is hospitalized in a designated medical institution

### Medical Subsidies for Special Chronic Pediatric Diseases

Management Subsection, Health and Prevention Section, Nerima Public Health Center

☎5984-2484

Based on the Japanese government's special chronic pediatric disease support program, which aims to use information on the treatment of designated diseases for future research. The subsidy will cover part of the cost of treating designated diseases covered by health insurance.

\* Only treatment covered by health insurance can be subsidized.

#### Eligibility

1. Those under eighteen years of age living in the metropolitan Tokyo area
2. Those being treated for a special chronic pediatric disease that the subsidy covers, and who meet separately designated approval standard

### Pediatric Mental Illness Medical Expense Subsidy Program

Mental Health Subsection, Public Health and Disease Prevention Section, Nerima City

☎5984-4764

When a child requires inpatient treatment for pediatric mental illness, this program subsidizes the out-of-pocket hospitalization expenses that are covered by health insurance, excluding the cost of meals, after the High-Cost Medical Expense Benefit has been received (private room charges and other costs not covered by insurance are exempt).

#### Eligibility

Those to whom all of the following apply:

1. Individual under 18 years of age who requires hospitalization treatment for mental illness in a psychiatric unit bed (If they have already been approved and will be continuing their hospitalization treatment, the subsidy may be extended to the last day of their birthday month when they turn 20 years of age.)
2. Individual who is a registered resident of Nerima City
3. Individual who is enrolled in health insurance

### Medical Subsidy for Services and Support for Persons with Disabilities (childrearing-related medical treatment)

Management Subsection, Health and Prevention Section, Nerima Public Health Center

☎5984-2484

When a child with a physical disability receives treatment to improve his/her capacity to lead a regular life at a designated medical institution that offers services and support for persons with disabilities, part of the cost of medical treatment is subsidized.

\* Only treatment covered by health insurance can be subsidized.

#### Eligibility

1. Children under eighteen years of age with a physical disability with a strong chance of being cured through surgery and/or other treatment
2. Those undergoing medical treatment at a designated medical institution that offers services and support for persons with disabilities (childrearing-related medical treatment)
3. The parent/guardian is a registered resident of Nerima City
4. The municipal resident's tax of the household is under ¥235,000\*

\* If the municipal resident's tax of the household is ¥235,000 or more, in principle, the child is not eligible for this subsidy; however, they may be eligible if certain conditions are met. For details, please contact the Management Subsection, Public Health and Disease Prevention Section.

### Medical Childrearing Benefits

Infectious Disease Control Subsection, Public Health and Disease Prevention Section, Nerima Public Health Center

☎5984-4671

These benefits are provided to parents/guardians of children under eighteen years of age needing longterm hospitalization due to tuberculosis, and cover the personally borne expenses for various insurance covered medical treatment. The benefits also include necessary supplies for schooling and living at the hospital. (The personally borne expenses depend on the family's income.)

#### Eligibility

1. The child is hospitalized at a designated medical childrearing institution
2. The recipient also receives medical treatment benefits for tuberculosis according to the Infectious Diseases Control Law. (You can apply for both benefits at the same time.)

### Childrearing Allowance (Disability Allowance)

Child Allowance Subsection, Child-Raising Support Section

☎5984-5824

Welfare Administration Subsection, Hikarigaoka/Shakujii/Oizumi Comprehensive Welfare Office

➔Telephone directory, page 61

Parents/guardians raising a child under 20 years of age with a designated level of physical or mental disability (1 through 3 below) can receive a special allowance. Income restrictions apply. If the child lives in an institution, however, this allowance may not be applicable. In addition, you cannot receive this allowance together with the Nerima City welfare allowance for the physically/mentally disabled.

1. *Ai-no Techo Handbook*, levels 1 to 3 (psychological disability not applicable)
2. *Handbook for the Physically Disabled*, levels 1 or 2
3. Those with cerebral palsy or progressive muscular atrophy

Monthly allowance amount ¥15,500 per child

#### Required items and documents for application

1. Financial account with the parent/guardian's name
2. *Ai-no Techo Handbook*, *Handbook for the Physically Disabled*, or a designated medical diagnosis
3. The parent/guardian's individual number card or documentation showing his/her individual number, and an official personal ID
4. Documentation showing the individual numbers of the spouse and eligible child (a memo is sufficient)

### Special Child Support Allowance

Child Allowance Subsection, Child-Raising Support Section

☎5984-5824

Welfare Administration Subsection, Hikarigaoka/Shakujii/Oizumi Comprehensive Welfare Office

➔Telephone directory, page 61

Parents/guardians raising a child under 20 years of age with a designated level of physical or mental disability (1 through 3 below) can receive a special allowance. Income restrictions apply. If the child lives in an institution, however, this allowance may not be applicable. If the child receives public pension benefits due to the disability, this allowance is not applicable.

1. *Ai-no Techo Handbook*, levels 1 to 3
2. *Handbook for the Physically Disabled*, levels 1 to 3 and some level 4
3. If the child is significantly restricted in everyday life due to another disability or illness

**Monthly allowance amount**

Monthly amount per child

- Special child category I: ¥55,350
- Special child category II: ¥36,860

**Required items and documents for application**

1. Copy of the bankbook of the financial account with the applicant's name
2. Family register including the parent/guardian and child
3. Designated medical diagnosis. (If you have an *Ai-no Techo Handbook* or *Handbook for the Physically Disabled*, this diagnosis is not required.)
4. A copy of the residence records of the entire household (with the family relationships noted; only for those living outside Nerima City)
5. The parent/guardian's individual number card or documentation showing his/her individual number, and an official personal ID
6. Documentation showing the individual numbers of the spouse, eligible child, and person supporting the child (household members living in the same household); a memo is sufficient

**Disabled Child Welfare Allowance**

Welfare Administration Subsection, Nerima/Hikarigaoka/Shakujii/Oizumi Comprehensive Welfare Office

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An allowance is provided for a child under twenty years of age to whom any of the disability level eligibility requirements (1 through 3 below) apply. Income restrictions apply. If the child lives in an institution or receives a public pension due to the disability, this allowance does not apply.

1. *Handbook for the Physically Disabled*, level 1 and some level 2
2. *Ai-no Techo Handbook*, level 1 and some level 2
3. Those with an equivalent level of illness or psychological disability who meet allowance evaluation standards

\* There is a specialized evaluation form that must be filled out for all three categories above.

**Monthly allowance amount**

¥15,220 (From April 2023)

**Required items and documents for application**

1. Account in the child's name for payment
- \* Not required if using a public money receiving account
2. Evaluation form for disabled child welfare allowance
3. *Handbook for the Physically Disabled* or *Ai-no Techo Handbook* (for those who have one)
4. Documentation showing the individual numbers of the child and person supporting the child (household members living in the same household, etc.) or ID of the person applying on behalf of the applicant (for details, please contact the Welfare Administration Subsection)

**Allowance for Those with a Severe Physical or Mental Disability**

Welfare Administration Subsection, Nerima/Hikarigaoka/Shakujii/Oizumi Comprehensive Welfare Office

→Telephone directory, page 61

An allowance is provided for a child with a designated level of physical or mental disability (1 through 3 below). Income restrictions apply. If the child lives in an institution or is hospitalized for more than three months, this allowance does not apply.

1. Those with a severe mental disability and psychological symptoms that require constant and sophisticated care
2. Those with a severe mental disability and severe physical disability
3. Those with a severe limb disability, loss of function of the limbs and difficulty in remaining seated

\* If all eligibility requirements are met, benefits can be continued even after the child reaches adulthood.

\* All three categories above are determined by the Tokyo Metropolitan Government.

**Monthly allowance amount**

¥60,000

**Required items and documents for application**

1. Personal seal
2. *Handbook for the Physically Disabled* or *Ai-no Techo Handbook* (for those who have one)
3. Documentation showing the individual numbers of the child and person supporting the child (father, mother, etc.) or ID of the person applying on behalf of the applicant (for details, please contact the Welfare Administration Subsection)

## Welfare Allowance for the Physically/Mentally Disabled

Welfare Administration Subsection, Nerima/Hikarigaoka/  
Shakujii/Oizumi Comprehensive Welfare Office

➔ Telephone directory, page 61

An allowance is provided for a child with a designated level of physical or mental disability (see 1 through 5 below). Income restrictions apply. If the child lives in an institution, this allowance does not apply. In addition, you cannot receive this allowance together with the Nerima City childrearing allowance (disability allowance).

1. *Ai-no Techo Handbook*, levels 1 to 4
  2. *Handbook for the Physically Disabled*, levels 1 or 3
  3. Those with cerebral palsy or progressive muscular atrophy
  4. Those with a disease Nerima City designates as intractable, and who receive a medical subsidy for intractable diseases or a subsidy for chronic pediatric disease
  5. *Health and Welfare Handbook for the Mentally Disabled*, level 1
- \* For more information on designated intractable diseases, please either read the Nerima City website or call the Nerima City Office.
- \* If all eligibility requirements are met, benefits can still be received even after the child reaches adulthood.

### Monthly allowance amount

¥15,500. However, for those with a *Handbook for the Physically Disabled* level 3, *Ai-no Techo Handbook* level 4, or *Health and Welfare Handbook for the Mentally Disabled* level 1, the monthly amount is ¥10,000.

### Required items and documents for application

1. Account in the child's name for payment
2. For 1-3 and 5 in the abovementioned eligibility requirements, you will need an *Ai-no Techo Handbook*, *Handbook for the Physically Disabled*, or *Health and Welfare Handbook for the Mentally Disabled*
3. For 4 above, you will need a special medical treatment expense authorization application or an application for intractable disease medical treatment expense subsidy/agreement (you can obtain a copy at a public health center when you apply for these subsidies); a special chronic pediatric disease medical treatment authorization form/agreement and a special chronic pediatric disease medical treatment doctor's evaluation form (copy), or an intractable disease medical treatment card (medical treatment recipient card) or special chronic pediatric disease medical treatment recipient card
4. Documentation showing the individual numbers of the child and person supporting the child (father, mother, etc.) or ID of the person applying on behalf of the applicant (for details, please contact the Welfare Administration Subsection)

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